



## Salada mista | Legumes Cozidos

## Ingredients

Legumes cozidos dose normal: ervilhas, congeladas(22%), brócolos, congelados, feijão verde (vagem)(21%), cenoura(18%), couve branca(17%), alho(10%), sal(2%), azeitonas (azeitonas, água, sal, ervas aromáticas), azeite. Salada de alface, tomate e cenoura: alface(34%), Tomate, cru(34%), Cenoura, crua(28%), Vinagre(1%) (contém SULFITOS), azeite.

## Nutritional Declaration (Per 100g)

Energy: 7 Kcal /31 KJ

Fiber: 0.29 g

Lipids: 0.35 g

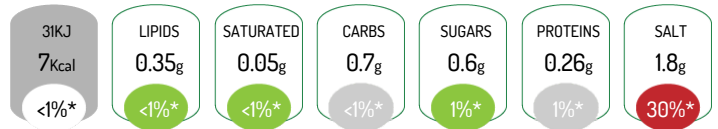
of which Saturated: 0.05 g

Carbohydrates: 0.7 g

of which Sugars: 0.6 g

Proteins: 0.26 g

Salt: 1.8 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contains: Sulphur dioxide / sulphites  
Can contain traces of Celery

## Product Characteristics

Commercial Name: Salada mista | Legumes Cozidos