



## Ingredients

Arroz de grelos: grelos(35%), cebola(16%), chouriço corrente(9%) (GLUTEN, SOYBEANS), bacon(4%) (entremeada de suíno, água, sal, dextrose, gelificante (E407), antioxidantes (E300, E301, E331), emulsionantes (E450, E451), hemoglobina, intensificador de sabor (E621), conservantes (E250, E252), aromas), sal(2%), louro, folha(0%), salsa(0%), azeite, Arroz branco(44%) [Arroz vaporizado(33%), sal(2%), óleo alimentar(1%), água]. Peixe assado no forno: tintureira(66%) (FISH), cebola(24%), polpa de tomate(11%) (sumo de tomate concentrado, água, sal, antioxidante (E330)), Pimento vermelho(9%), vinho branco(8%) (SULPHUR DIOXIDE / SULPHITES), azeite, sal(0%), salsa(0%), louro, folha.

## Nutritional Declaration (Per 100g)

Energy: 40 Kcal /166 KJ

Fiber: 0.30 g

Lipids: 1.7 g

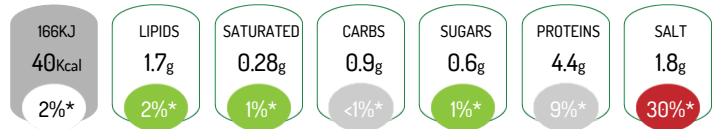
of which Saturated: 0.28 g

Carbohydrates: 0.9 g

of which Sugars: 0.6 g

Proteins: 4.4 g

Salt: 1.8 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contains: Gluten, Fish, Soybeans, Sulphur dioxide / sulphites

## Product Characteristics

Commercial Name: Marmotas

Conservation Instructions: Marmotas