



INGREDIENTS

Açorda de Peixe à Alentejana: pão de centeio(56 %) (GLUTEN, SULPHUR DIOXIDE / SULPHITES), água (28 %), azeite, miolo de camarão, ultracongelado(9 %) (CRUSTACEANS, SULPHUR DIOXIDE / SULPHITES), miolo de mexilhão(6 %) (miolo de MEXILHÃO, água), camarão, cozido, congelado (CAMARÃO, sal), berbigão(1 %) (MOLLUSCS), louro, folha(1 %), coentros(1 %), alho(1 %), salsa(1 %), sal(1 %). Couve flor cozida: couve-flor(103 %), sal(3 %).

NUTRICIONAL DECLARATION (por 100g)

Energy: 856 KJ / 204 Kcal	Lipids: 9.6 g,	of which Saturated: 1.5 g
Carbohydrates: 22 g.	of which Sugars: 1.6 g	Fiber: 2.9 g
Proteins: 5.6 g	Salt: 1.5 g	

ALLERGENS



Contains: Gluten, Crustaceans, Sulphur dioxide / sulphites, Molluscs

Can contain traces of Eggs, Fish, Peanuts, Soybeans, Milk, Nuts, Mustard, Sesame Seeds, Lupin

PRODUCT CHARACTERISTICS

Commercial Name: Açorda de peixe

Packed by: Loja Olivais - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra