



## INGREDIENTS

---

frango inteiro sem pele, cru, cebola, Esparguete, cru (GLUTEN), tomate, alho, sal, coentros, salsa, louro, folha, azeite.

## NUTRICIONAL DECLARATION (por 100g)

---

|                           |                        |                            |
|---------------------------|------------------------|----------------------------|
| Energy: 476 KJ / 114 Kcal | Lipids: 1.4 g,         | of which Saturated: 0.33 g |
| Carbohydrates: 11 g,      | of which Sugars: 1.3 g | Fiber: 0.6 g               |
| Proteins: 14 g            | Salt: 0.73 g           |                            |

## ALLERGENS

---



Contains: **Gluten**

Can contain traces of **Eggs**

## PRODUCT CHARACTERISTICS

---

Commercial Name: Massada de carne

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato