



# Pescada grelhada c/ batata cozida e legumes

## Ingredients

Batata cozida: sal(87%), batata fresca(14%) (batata, conservante (E223) (SULFITOS)). Legumes salteados: ervilhas, congeladas(22%), brócolos, congelados, feijão verde (vagem)(21%), cenoura(18%), couve branca(17%), alho(10%), sal(2%), azeitonas (azeitonas, água, sal, ervas aromáticas), azeite. Pescada grelhada: filetes de pescada ((PEIXE)), sal.

## Nutritional Declaration (Per 100g)

Energy: 31 Kcal /131 KJ

Fiber: 0.08 g

Lipids: 0.46 g

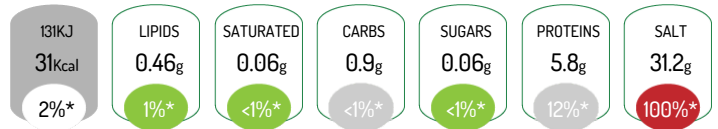
of which Saturated: 0.06 g

Carbohydrates: 0.9 g

of which Sugars: 0.06 g

Proteins: 5.8 g

Salt: 31.2 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contains: Fish, Sulphur dioxide / sulphites

Can contain traces of Celery

## Product Characteristics

Commercial Name: Pescada grelhada c/ batata cozida e legumes

Conservation Instructions: Pescada grelhada c/ batata cozida e legumes