



## INGREDIENTS

---

Potas à Lagareiro(44 %): pota(102 %) (MOLLUSCS), alho(13 %), sal(1 %), azeite. Batata a murro: batata com pele(98 %), sal(2 %). Migas: feijão frade cozido, lata(40 %) (SULPHUR DIOXIDE / SULPHITES), tempero de azeite(23 %), broa de milho(18 %) (GLUTEN), couve portuguesa(18 %), alho(4 %), sal(1 %).

## NUTRICIONAL DECLARATION (por 100g)

---

Energy: 320 KJ / 76 Kcal	Lipids: 3.5 g,	of which Saturated: 0.45 g
Carbohydrates: 9.1 g,	of which Sugars: 0.6 g	Fiber: 1.0 g
Proteins: 1.5 g	Salt: 2.0 g	

## ALLERGENS

---



Contains: Gluten, Sulphur dioxide / sulphites, Molluscs

Can contain traces of Eggs, Fish, Peanuts, Soybeans, Milk, Nuts, Mustard, Sesame Seeds, Lupin

## PRODUCT CHARACTERISTICS

---

Commercial Name: Potas à lagareiro

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte Coimbra - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato