



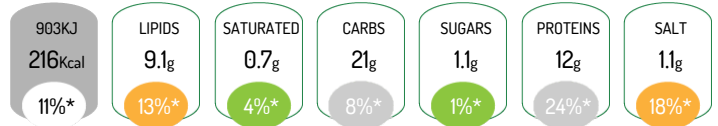
Douradinhos no forno

Ingredients

PEIXE branco (58%), pão ralado (farinha de TRIGO, água, especiarias, sal, levedura), óleo de colza, água, farinha de TRIGO, amido de batata, sal.

Nutritional Declaration (Per 100g)

Energy: 216 Kcal /903 KJ
Lipids: 9.1 g
Carbohydrates: 21 g
Proteins: 12 g
Fiber: 0.9 g
of which Saturated: 0.7 g
of which Sugars: 1.1 g
Salt: 1.1 g



*Reference intake of an average adult (8400 kJ / 2000 kcal)

Allergens



Contains: Gluten, Fish

Product Characteristics

Commercial Name: Douradinhos no forno

Conservation Instructions: Douradinhos no forno