



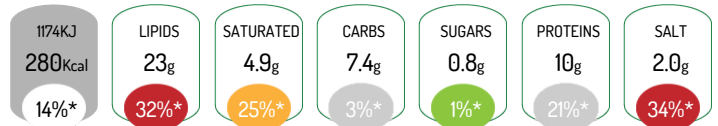
## Perna de peru no forno

## Ingredients

Perna de peru no forno: Perna de peru com pele, crua, Molho de carne 2 (tempero) [banha de porco(31%), óleo alimentar(27%), vinho branco(25%) (SULPHUR DIOXIDE / SULPHITES), sal(6%), alho(5%), colorau(3%), salsa(2%), farinha de trigo(2%) (GLUTEN), louro, folha(0%)]. Batata assada: batata fresca(71%) (batata, conservante (E223) (SULFITOS)), Molho de carne 2 (tempero)(29%).

## Nutritional Declaration (Per 100g)

Energy: 280 Kcal / 1174 KJ  
Lipids: 23 g  
Carbohydrates: 7.4 g  
Proteins: 10 g  
Fiber: 0.9 g  
of which Saturated: 4.9 g  
of which Sugars: 0.8 g  
Salt: 2.0 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contains: Gluten, Sulphur dioxide / sulphites  
Can contain traces of Celery, Mustard, Sesame Seeds

## Product Characteristics

Commercial Name: Perna de peru no forno

Conservation Instructions: Perna de peru no forno