



## Lulas estufadas

## Ingredients

Lulas estufadas com ervilhas: lulas, congeladas(137%) (MOLLUSCS), ervilhas, congeladas(27%), cebola(15%), tomate(14%), farinha de trigo(11%) (GLUTEN), Pimento vermelho(5%), sal(3%), caldo de peixe, cubos(1%) (sal, intensificadores de sabor (E621, E631, E627), gordura de palma, PEIXE em pó, gordura de palma totalmente hidrogenada, extrato de levedura, azeite virgem, açúcar, CAMARÃO, cebola, especiarias (AIPO), xarope de caramelo, maltodextrina, aromas, plantas aromáticas, extrato de vinho branco), azeite. Arroz branco: Arroz vaporizado(33%), sal(2%), óleo alimentar(1%), água .



## Nutritional Declaration (Per 100g)

Energy: 55 Kcal /230 KJ

Fiber: 0.31 g

Lipids: 0.39 g

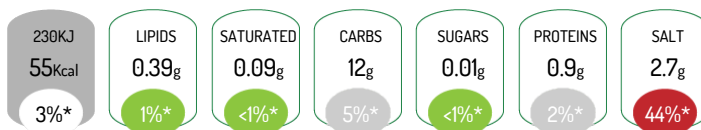
of which Saturated: 0.09 g

Carbohydrates: 12 g

of which Sugars: 0.01 g

Proteins: 0.9 g

Salt: 2.7 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contains: Gluten, Crustaceans, Fish, Celery, Molluscs

Can contain traces of Soybeans, Sulphur dioxide / sulphites

## Product Characteristics

Commercial Name: Lulas estufadas

Conservation Instructions: Lulas estufadas