



INGREDIENTS

Pescada à Lagareiro: filetes de pescada(70%) ((PEIXE)), cebola, crua(37%), alho, cru(5%), sal(1%), azeite. Batata a murro: batata com pele(98%), sal(2%). Migas: feijão frade cozido, lata(40%) (SULPHUR DIOXIDE / SULPHITES), tempero de azeite(23%), broa de milho(18%) (GLUTEN), couve portuguesa(18%), alho(4%), sal(1%).

NUTRICIONAL DECLARATION (por 100g)

Energy: 320 KJ / 76 Kcal	Lipids: 3.5 g,	of which Saturated: 0.45 g
Carbohydrates: 9.1 g,	of which Sugars: 0.6 g	Fiber: 1.0 g
Proteins: 1.5 g	Salt: 1.7 g	

ALLERGENS



Contains: Gluten, Fish, Sulphur dioxide / sulphites

Can contain traces of Eggs, Peanuts, Soybeans, Milk, Nuts, Mustard, Sesame Seeds, Lupin

PRODUCT CHARACTERISTICS

Commercial Name: Pescada à lagareiro

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato