



INGREDIENTS

cenoura, crua, batata, crua, cebola, crua, Nabo, cru, água, Couve lombarda, crua, Carne de vaca para estufar meio gorda, crua, Alho, cru, azeite (Tempero culinário), sal.

NUTRITIONAL DECLARATION (por 100g)

Energy: 219 KJ / 52 Kcal	Lipids: 1.5 g,	of which Saturated: 0.35 g
Carbohydrates: 6.9 g,	of which Sugars: 2.5 g	Fiber: 1.9 g
Proteins: 1.8 g	Salt: 0.44 g	

ALLERGENS

