



## Ingredients

Carapauzinhos fritos(55%): carapau, congelado(101%) (FISH), óleo para fritura(18%) (óleo de soja refinado, óleo de girassol refinado), farinha de trigo(5%) (GLUTEN), alho, pó(1%), louro, folha, sal(1%). Arroz de feijão: água (26%), feijão vermelho cozido, em lata(20%) (CELERY), arroz vaporizado(13%), polpa de tomate(8%) (sumo de tomate concentrado, água, sal, antioxidante (E330)), cebola(5%), chouriço corrente(3%) (GLUTEN, SOYBEANS), sal(0%), caldo de carne em cubos(0%) (sal, gordura vegetal hidrogenada e não hidrogenada (palma), intensif. sabor (E621, E629, E631), extrato de carne, açúcar, xarope de caramelo, cebola, maltodextrina, cenoura, salsa, aromas, AIPO), alho(0%), salsa(0%), louro, folha(0%), azeite.

## Nutritional Declaration (Per 100g)

Energy: 95 Kcal /398 KJ

Fiber: 0.20 g

Lipids: 4.4 g

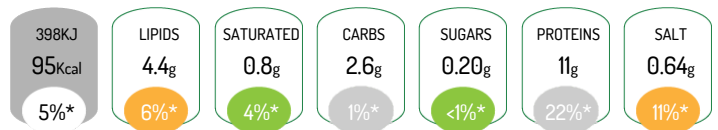
of which Saturated: 0.8 g

Carbohydrates: 2.6 g

of which Sugars: 0.20 g

Proteins: 11 g

Salt: 0.64 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contains: Gluten, Fish, Soybeans, Celery

Can contain traces of Sulphur dioxide / sulphites, Lupin

## Product Characteristics

Commercial Name: Carapauzinhos

Conservation Instructions: Carapauzinhos