



INGREDIENTS

Raia à Mouraria: raia(56 %) (FISH), cenoura(21 %), farinha de trigo(15 %) (GLUTEN), azeite, cebola(9 %), uva passa(5 %), salsa(4 %), sal(2 %). Batata assada: batata fresca(71 %) (batata, conservante (E223) (SULFITOS)), Molho de carne 2 (tempero)(29 %) [banha de porco(31 %), óleo alimentar(27 %), vinho branco(25 %) (SULPHUR DIOXIDE / SULPHITES), sal(6 %), alho(5 %), colorau(3 %), salsa(2 %), farinha de trigo(2 %) (GLUTEN), louro, folha(0 %)].



NUTRITIONAL DECLARATION (por 100g)

| | | |
|---------------------------|------------------------|---------------------------|
| Energy: 902 KJ / 215 Kcal | Lipids: 14 g, | of which Saturated: 2.5 g |
| Carbohydrates: 15 g, | of which Sugars: 3.0 g | Fiber: 1.4 g |
| Proteins: 5.7 g | Salt: 1.7 g | |

ALLERGENS



Contains: Gluten, Fish, Sulphur dioxide / sulphites

Can contain traces of Soybeans, Celery, Mustard, Sesame Seeds

PRODUCT CHARACTERISTICS

Commercial Name: Raia à Mouraria

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato