



## INGREDIENTS

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Filetes de pescada: filetes de pescada(90%) ((PEIXE)), ovo de galinha(22%) (contém OVOS), farinha de trigo(11%) (GLUTEN), limão(4%), óleo alimentar(3%), sal(1%). Arroz de legumes: arroz vaporizado(20%), ervilhas, congeladas(8%), cenoura, crua(8%), feijão verde, congelado(8%), cebola(7%), milho doce(4%), sal(1%), alho(0%), salsa(0%), louro, folha(0%), azeite.

## NUTRITIONAL DECLARATION (por 100g)

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Energy: 388 KJ / 93 Kcal	Lipids: 3.7 g,	of which Saturated: 0.6 g
Carbohydrates: 4.4 g,	of which Sugars: 0.17 g	Fiber: 0.17 g
Proteins: 10 g	Salt: 0.81 g	

## ALLERGENS

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Contains: Gluten, Eggs, Fish  
Can contain traces of Soybeans, Celery

## PRODUCT CHARACTERISTICS

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Commercial Name: Filetes de pescada  
Conservation Instructions: Consumo imediato  
Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra  
Validity: Consumo imediato