



Ingredients

Raia grelhada(51%): raia, crua(114%) (FISH), limão(9%), sal(0%). Batata a murro: batata com pele(98%), sal(2%). Migas: feijão frade cozido, lata(40%) (SULPHUR DIOXIDE / SULPHITES), tempero de azeite(23%), broa de milho(18%) (GLUTEN), couve portuguesa(18%), alho(4%), sal(1%).



Nutritional Declaration (Per 100g)

Energy: 96 Kcal / 403 KJ

Lipids: 3.2 g

Carbohydrates: 8.0 g

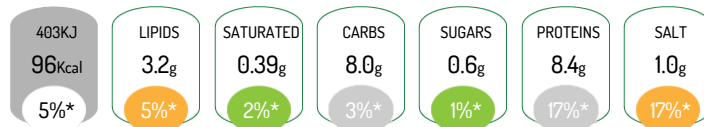
Proteins: 8.4 g

Fiber: 1.0 g

of which Saturated: 0.39 g

of which Sugars: 0.6 g

Salt: 1.0 g



*Reference intake of an average adult (8400 kJ / 2000 kcal)

Allergens



Contains: Gluten, Fish, Sulphur dioxide / sulphites

Can contain traces of Eggs, Peanuts, Soybeans, Milk, Nuts, Mustard, Sesame Seeds, Lupin

Product Characteristics

Commercial Name: Raia à lagareiro

Conservation Instructions: Raia à lagareiro