



INGREDIENTS

Costeletas à lagareiro: azeite (Tempero culinário)(48 %), cebola(46 %), Costeleta de porco, crua, sal(2 %), alho(1 %), salsa(1 %). Batata a murro: batata com pele(98 %), sal(2 %). Migas: feijão frade cozido, lata(40 %) (SULPHUR DIOXIDE / SULPHITES), tempero de azeite(23 %), broa de milho(18 %) (GLUTEN), couve portuguesa(18 %), alho(4 %), sal(1 %).

NUTRICIONAL DECLARATION (por 100g)

Energy: 1143 KJ / 273 Kcal	Lipids: 25 g,	of which Saturated: 3.6 g
Carbohydrates: 9.7 g,	of which Sugars: 1.0 g	Fiber: 1.3 g
Proteins: 2.0 g	Salt: 1.8 g	

ALLERGENS



Contains: Gluten, Sulphur dioxide / sulphites

Can contain traces of Eggs, Fish, Peanuts, Soybeans, Milk, Nuts, Mustard, Sesame Seeds, Lupin

PRODUCT CHARACTERISTICS

Commercial Name: Costeletas à lagareiro

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato