



## Ingredients

água, migas de paloco, ultracongelado(23%) (PALOCO, sal), arroz vaporizado(15%), polpa de tomate(8%) (sumo de tomate concentrado, água, sal, antioxidante (E330)), pimento vermelho, cru(3%), cebola, crua, sal(0%), louro, folha(0%), salsa fresca, crua(0%).

## Nutricional Declaration (Per 100g)

Energy: 72 Kcal /300 KJ

Fiber: 0.5 g

Lipids: 0.24 g

of which Saturated: 0.09 g

Carbohydrates: 12 g

of which Sugars: 0.6 g

Proteins: 4.7 g

Salt: 0.42 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contém: Peixe

## Product Characteristics

Commercial Name: Arroz Fidalgo

Conservation Instructions: Arroz Fidalgo