



## Rancho à Portuguesa

## Ingredients

Grão de bico cozido, em lata(18%) (SULPHUR DIOXIDE / SULPHITES), carne de chispe(18%), cenoura(15%), couve portuguesa(13%), Entrecosto de porco(13%), orelha de porco(13%), massa macarronete(7%) (sêmola de TRIGO duro), chouriço corrente(4%) (GLUTEN, SOYBEANS), morcela fumada(4%) (gordura suína, sangue suíno, farinha de TRIGO, sal, especiarias, emulsionante (difosfatos e trifosfatos), antioxidante (E316), conservante (E251)), azeite, colorau(2%), sal(0%), louro, folha(0%), salsa(0%).



## Nutritional Declaration (Per 100g)

Energy: 206 Kcal / 861 KJ

Fiber: 2.4 g

Lipids: 13 g

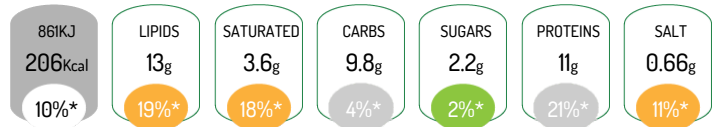
of which Saturated: 3.6 g

Carbohydrates: 9.8 g

of which Sugars: 2.2 g

Proteins: 11 g

Salt: 0.66 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contains: Gluten, Soybeans, Sulphur dioxide / sulphites

Can contain traces of Eggs, Nuts, Celery, Mustard, Sesame Seeds

## Product Characteristics

Commercial Name: Rancho à Portuguesa

Conservation Instructions: Rancho à Portuguesa