



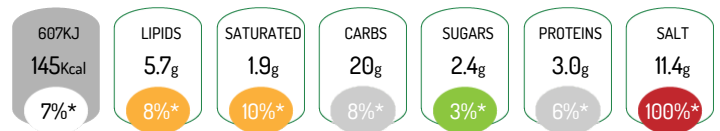
Lasanha de legumes

Ingredients

Molho bechamel(36%) [farinha de trigo(52%) (GLUTEN), sal(31%), nata UHT para bater, 35% MG (NATA, emulsionantes (E472b), estabilizador (E407)), noz moscada(3%)], macedónia, congelada(27%), cebola, crua(9%), Massa de lasanha cozida(9%) [massa fusili tricolor(36%) (sêmola de TRIGO duro, tomate em pó, espinafre em pó), sal(0%)], cogumelos laminados(9%) (cogumelos laminados, água, sal, regulador de acidez (ácido cítrico), antioxidante (ácido ascórbico), SULFITOS), polpa de tomate(7%) (sumo de tomate concentrado, água, sal, antioxidante (E330)), azeite, cru(3%), sal(0%).

Nutritional Declaration (Per 100g)

Energy: 145 Kcal /607 KJ
Lipids: 5.7 g
Carbohydrates: 20 g
Proteins: 3.0 g
Fiber: 1.8 g
of which Saturated: 1.9 g
of which Sugars: 2.4 g
Salt: 11.4 g



*Reference intake of an average adult (8400 kJ / 2000 kcal)

Allergens



Contains: Gluten, Milk, Sulphur dioxide / sulphites
Can contain traces of Soybeans, Mustard

Product Characteristics

Commercial Name: Lasanha de legumes

Conservation Instructions: Lasanha de legumes