



## INGREDIENTS

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Arroz de grelos: grelos(35 %), cebola(16 %), chouriço corrente(9 %) (GLUTEN, SOYBEANS), bacon(4 %) (entremeada de suíno, água, sal, dextrose, gelificante (E407), antioxidantes (E300, E301, E331), emulsionantes (E450, E451), hemoglobina, intensificador de sabor (E621), conservantes (E250, E252), aromas), sal(2 %), louro, folha(0 %), salsa(0 %), azeite, Arroz branco(44 %) [Arroz vaporizado(33 %), sal(2 %), óleo alimentar(1 %), água]. Peixe assado no forno: tintureira(66 %) (FISH), cebola(24 %), polpa de tomate(11 %) (sumo de tomate concentrado, água, sal, antioxidante (E330)), Pimento vermelho(9 %), vinho branco(8 %) (SULPHUR DIOXIDE / SULPHITES), azeite, sal(0 %), salsa(0 %), louro, folha.

## NUTRICIONAL DECLARATION (por 100g)

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Energy: 166 KJ / 40 Kcal

Lipids: 1.7 g,

of which Saturated: 0.28 g

Carbohydrates: 0.9 g,

of which Sugars: 0.6 g

Fiber: 0.30 g

Proteins: 4.4 g

Salt: 1.8 g

## ALLERGENS

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Contains: Gluten, Fish, Soybeans, Sulphur dioxide / sulphites

## PRODUCT CHARACTERISTICS

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Commercial Name: Marmotas

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte Coimbra - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato