



## INGREDIENTS

---

frango inteiro sem pele, cru, cebola, Esparguete, cru (GLUTEN), tomate, alho, sal, coentros, salsa, louro, folha, azeite.

## NUTRICIONAL DECLARATION (por 100g)

---

Energy: 476 KJ / 114 Kcal

Lipids: 1.4 g,

of which Saturated: 0.33 g

Carbohydrates: 11 g,

of which Sugars: 1.3 g

Fiber: 0.6 g

Proteins: 14 g

Salt: 0.73 g

## ALLERGENS

---



Contains: **Gluten**

Can contain traces of **Eggs**

## PRODUCT CHARACTERISTICS

---

Commercial Name: Massada de carne

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato