



## INGREDIENTS

Quiche de cogumelos: cogumelos laminados(33 %) (cogumelos laminados, água, sal, regulador de acidez (ácido cítrico), antioxidante (ácido ascórbico), SULFITOS), nata UHT para bater, 35% MG(32 %) (NATA, emulsionantes (E472b), estabilizador (E407)), ovo de galinha(18 %) (EGGS), massa quebrada (EGGS, GLUTEN), pimenta preta(1%), sal(1%). Arroz de legumes: arroz vaporizado(20%), ervilhas, congeladas(8%), cenoura, crua(8%), feijão verde, congelado(8%), cebola(7%), milho doce(4%), sal(1%), alho(0%), salsa(0%), louro, folha(0%), azeite.

## NUTRICIONAL DECLARATION (por 100g)

Energy: 426 KJ / 102 Kcal	Lipids: 7.6 g,	of which Saturated: 4.3 g
Carbohydrates: 5.6 g,	of which Sugars: 1.3 g	Fiber: 0.5 g
Proteins: 2.5 g	Salt: 1.2 g	

## ALLERGENS



Contains: Gluten, Eggs, Milk, Sulphur dioxide / sulphites

Can contain traces of Crustaceans, Fish, Peanuts, Soybeans, Nuts, Celery, Mustard, Sesame Seeds, Molluscs

## PRODUCT CHARACTERISTICS

Commercial Name: Quiche de cogumelos

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato