



INGREDIENTS

Solha frita(55 %): Solha, crua (FISH), farinha de trigo (GLUTEN), óleo para fritura (óleo de soja refinado, óleo de girassol refinado), sal. Arroz de legumes: arroz vaporizado(20 %), ervilhas, congeladas(8 %), cenoura, crua(8 %), feijão verde, congelado(8 %), cebola(7 %), milho doce(4 %), sal(1 %), alho(0 %), salsa(0 %), louro, folha(0 %), azeite.



NUTRICIONAL DECLARATION (por 100g)

Energy: 397 KJ / 95 Kcal

Lipids: 2.9 g,

of which Saturated: 0.48 g

Carbohydrates: 4.8 g,

of which Sugars: 0.15 g

Fiber: 0.12 g

Proteins: 12 g

Salt: 1.0 g

ALLERGENS



Contains: Gluten, Fish

Can contain traces of Soybeans, Celery

PRODUCT CHARACTERISTICS

Commercial Name: Solha frita

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato