



INGREDIENTS

Caril de couve-flor: Couve-flor, crua, cebola, crua, grão de bico, cozido (SULPHUR DIOXIDE / SULPHITES), azeite, leite de coco (água, extrato de coco, espes.(E1422), estab.(E412, E466, E415), emuls.(E435, E407, E410), conserv.(E223 (SULFITOS))), caril, pó (MOSTARDA, coentros, curcuma, feno grego, cominhos, piri-piri, pimentão doce, AIPO), coco ralado, sal. Arroz branco: Arroz vaporizado(33%), sal(2%), óleo alimentar(1%), água .

NUTRICIONAL DECLARATION (por 100g)

Energy: 579 KJ / 138 Kcal	Lipids: 7.6 g,	of which Saturated: 1.9 g
Carbohydrates: 14 g,	of which Sugars: 1.3 g	Fiber: 1.6 g
Proteins: 2.6 g	Salt: 1.1 g	

ALLERGENS



Contains: Celery, Mustard, Sulphur dioxide / sulphites
Can contain traces of Gluten, Nuts, Sesame Seeds

PRODUCT CHARACTERISTICS

Commercial Name: Couve-flor Gratinada

Conservation Instructions: Consumo imediato

Packed by: Takeaway - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato