



## INGREDIENTS

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Filetes de pescada: filetes de pescada(90 %) ((PEIXE)), ovo de galinha(22 %) (EGGS), farinha de trigo(11 %) (GLUTEN), limão(4 %), óleo alimentar(3 %), sal(1 %). Arroz de legumes: arroz vaporizado(20 %), ervilhas, congeladas(8 %), cenoura, crua(8 %), feijão verde, congelado(8 %), cebola(7 %), milho doce(4 %), sal(1 %), alho(0 %), salsa(0 %), louro, folha(0 %), azeite.

## NUTRICIONAL DECLARATION (por 100g)

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Energy: 388 KJ / 93 Kcal	Lipids: 3.7 g,	of which Saturated: 0.6 g
Carbohydrates: 4.4 g,	of which Sugars: 0.17 g	Fiber: 0.17 g
Proteins: 10 g	Salt: 0.81 g	

## ALLERGENS

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Contains: Gluten, Eggs, Fish  
Can contain traces of Soybeans, Celery

## PRODUCT CHARACTERISTICS

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Commercial Name: Filetes de pescada  
Conservation Instructions: Consumo imediato  
Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra  
Validity: Consumo imediato