



INGREDIENTS

Solha dourada: Solha, crua(86 %) (FISH), pão ralado(26 %) (farinha de TRIGO, sal, fermento), Cebola, crua(9 %), alho, cru(4 %), azeite, Sal(1 %). Batata frita: batata fresca(100 %) (batata, conservante (E223) (SULFITOS)), sal(0 %), óleo alimentar.

NUTRICIONAL DECLARATION (por 100g)

Energy: 736 KJ / 176 Kcal	Lipids: 5.8 g,	of which Saturated: 0.8 g
Carbohydrates: 19 g,	of which Sugars: 1.4 g	Fiber: 1.5 g
Proteins: 11 g	Salt: 0.89 g	

ALLERGENS



Contains: Gluten, Fish, Sulphur dioxide / sulphites

PRODUCT CHARACTERISTICS

Commercial Name: Solha dourada

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato