



## INGREDIENTS

Raia grelhada(51 %): raia, crua(114 %) (FISH), limão(9 %), sal(0 %). Batata a murro: batata com pele(98 %), sal(2 %). Migas: feijão frade cozido, lata(40 %) (SULPHUR DIOXIDE / SULPHITES), tempero de azeite(23 %), broa de milho(18 %) (GLUTEN), couve portuguesa(18 %), alho(4 %), sal(1 %).



## NUTRITIONAL DECLARATION (por 100g)

Energy: 403 KJ / 96 Kcal	Lipids: 3.2 g,	of which Saturated: 0.39 g
Carbohydrates: 8.0 g,	of which Sugars: 0.6 g	Fiber: 1.0 g
Proteins: 8.4 g	Salt: 1.0 g	

## ALLERGENS



Contains: Gluten, Fish, Sulphur dioxide / sulphites

Can contain traces of Eggs, Peanuts, Soybeans, Milk, Nuts, Mustard, Sesame Seeds, Lupin

## PRODUCT CHARACTERISTICS

Commercial Name: Raia à lagareiro

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato