

INGREDIENTS

Bacalhau com broa(48 %): bacalhau posta c/lombo extra 400/600gr (BACALHAU, água e sal), broa de milho(9 %) (GLUTEN), chouriço corrente (GLUTEN, SOYBEANS), bacon (entremeada de suíno, água, sal, dextrose, gelificante (E407), antioxidantes (E300, E301, E331), emulsionantes (E450, E451), hemoglobina, intensificador de sabor (E621), conservantes (E250, E252), aromas), salsa(1 %), azeite, cebolada [cebola(107g cebola for 100g cebolada), vinagre (contém SULFITOS), sal(0 %), louro, folha, azeite]. Batata assada(38 %): batata fresca(71 %) (batata, conservante (E223) (SULFITOS)), Molho de carne 2 (tempero)(29 %) [banha de porco(31 %), óleo alimentar(27 %), vinho branco(25 %) (SULPHUR DIOXIDE / SULPHITES), sal(6 %), alho(5 %), colorau(3 %), salsa(2 %), farinha de trigo(2 %) (GLUTEN), louro, folha(0 %)]. Migas(14 %): feijão frade cozido, lata(40 %) (SULPHUR DIOXIDE / SULPHITES), tempero de azeite(23 %), broa de milho(18 %), couve portuguesa(18 %), alho(4 %), sal(1 %).



NUTRICIONAL DECLARATION (por 100g)

Energy: 521 KJ / 125 Kcal	Lipids: 9.7 g,	of which Saturated: 1.7 g
Carbohydrates: 7.0 g,	of which Sugars: 0.6 g	Fiber: 0.9 g
Proteins: 1.3 g	Salt: 1.3 g	

ALLERGENS



Contains: Gluten, Fish, Soybeans, Sulphur dioxide / sulphites

Can contain traces of Eggs, Peanuts, Milk, Nuts, Celery, Mustard, Sesame Seeds, Lupin

PRODUCT CHARACTERISTICS

Commercial Name: Bacalhau assado

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato