



INGREDIENTS

couscous integral (sêmola de TRIGO integral), farinha de trigo(6 %) (GLUTEN), azeite, salsa(1 %), sal(1 %).

NUTRICIONAL DECLARATION (por 100g)

Energy: 709 KJ / 169 Kcal	Lipids: 5.1 g.	of which Saturated: 0.8 g
Carbohydrates: 25 g.	of which Sugars: 0.7 g	Fiber: 2.9 g
Proteins: 4.4 g	Salt: 0.95 g	

ALLERGENS



Contains: **Gluten**

Can contain traces of Soybeans

PRODUCT CHARACTERISTICS

Commercial Name: Couscous de Abóbora

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra