



INGREDIENTS

Açorda de Peixe [pão de centeio(56%) (GLUTEN, SULPHUR DIOXIDE / SULPHITES), água (28%), azeite, miolo de camarão, ultracongelado(9%) (CRUSTACEANS, SULPHUR DIOXIDE / SULPHITES), miolo de mexilhão(6%) (miolo de MEXILHÃO, água), camarão, cozido, congelado (CAMARÃO, sal), berbigão(1%) (MOLLUSCS), louro, folha(1%), coentros(1%), alho(1%), salsa(1%), sal(1%)], couve-flor.

NUTRICIONAL DECLARATION (por 100g)

Energy: 988 KJ / 236 Kcal	Lipids: 11 g,	of which Saturated: 1.8 g
Carbohydrates: 26 g,	of which Sugars: 1.4 g	Fiber: 3.1 g
Proteins: 6.0 g	Salt: 0.60 g	

ALLERGENS



Contains: Gluten, Crustaceans, Sulphur dioxide / sulphites, Molluscs

Can contain traces of Eggs, Fish, Peanuts, Soybeans, Milk, Nuts, Mustard, Sesame Seeds, Lupin

PRODUCT CHARACTERISTICS

Commercial Name: Açorda de peixe c/ couve flor

Packed by: Loja Olivais - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra