



Pescada frita c/ arroz de tomate

Ingredients

Pescada frita: filetes de pescada ((PEIXE)), farinha de trigo (GLUTEN), óleo para fritura (óleo de soja refinado, óleo de girassol refinado), sal. Arroz de tomate: Arroz vaporizado(23%), polpa de tomate(14%) (sumo de tomate concentrado, água, sal, antioxidante (E330)), tomate(12%), cebola(8%), sal(0%), caldo de carne em cubos(0%) (sal, gordura vegetal hidrogenada e não hidrogenada (palma), intensif. sabor (E621, E629, E631), extrato de carne, açúcar, xarope de caramelo, cebola, maltodextrina, cenoura, salsa, aromas, AIPO), salsa(0%), louro, folha(0%), azeite.

Nutritional Declaration (Per 100g)

Energy: 99 Kcal /416 KJ

Fiber: 0.14 g

Lipids: 3.0 g

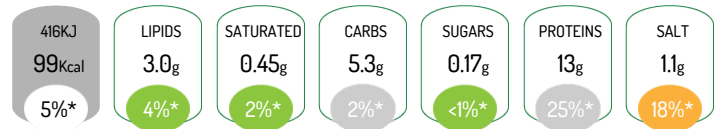
of which Saturated: 0.45 g

Carbohydrates: 5.3 g

of which Sugars: 0.17 g

Proteins: 13 g

Salt: 1.1 g



*Reference intake of an average adult (8400 kJ / 2000 kcal)

Allergens



Contains: Gluten, Fish, Celery

Can contain traces of Soybeans

Product Characteristics

Commercial Name: Pescada frita c/ arroz de tomate

Conservation Instructions: Pescada frita c/ arroz de tomate