



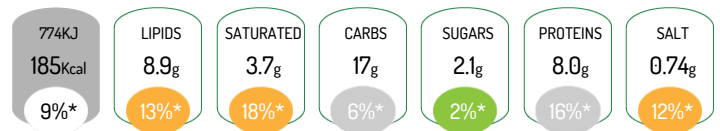
## Almôndegas de carne

## Ingredients

Almôndegas (50%): almôndegas de vaca, congeladas(100%) (carne de bovino (60%), água, proteína de SOJA, pão ralado (farinha de TRIGO, água, levedura), fibra vegetal, sal, especiarias, cebola refogada (cebola, matéria gorda vegetal (palma), farinha de TRIGO, sal), açúcar, antioxidante (E301), proteína vegetal hidrolisada (milho e sementes de colza), extrato de levedura), cebola(20%), polpa de tomate(20%) (sumo de tomate concentrado, água, sal, antioxidante (E330)), vinho branco(13%) (SULPHUR DIOXIDE / SULPHITES), azeite, sal(0%), louro, folha(0%). Esparguete cozido(50%): Esparguete(36%) (GLUTEN), sal, água .

## Nutritional Declaration (Per 100g)

Energy: 185 Kcal / 774 KJ  
Lipids: 8.9 g  
Carbohydrates: 17 g  
Proteins: 8.0 g  
Fiber: 1.2 g  
of which Saturated: 3.7 g  
of which Sugars: 2.1 g  
Salt: 0.74 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



Contains: Gluten, Soybeans, Sulphur dioxide / sulphites  
Can contain traces of Eggs, Mustard

## Product Characteristics

Commercial Name: Almôndegas de carne

Conservation Instructions: Almôndegas de carne