



## Fruta da Época | Maçã ou Pera cozida

## Ingredients

Fruta da época(50%): Maçã com casca(17%), Uva branca(16%), Kiwi(15%), Pêra (14%), Pêssego(14%), Laranja(13%), banana, crua(11%). Maçã/ Pera cozida\*(50%): pêra (118%).

## Nutritional Declaration (Per 100g)

Energy: 56 Kcal /234 KJ

Fiber: 2.2 g

Lipids: 0.42 g

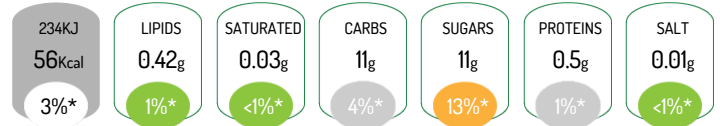
of which Saturated: 0.03 g

Carbohydrates: 11 g

of which Sugars: 11 g

Proteins: 0.5 g

Salt: 0.01 g



\*Reference intake of an average adult (8400 kJ / 2000 kcal)

## Allergens



## Product Characteristics

Commercial Name: Fruta da Época | Maçã ou Pera cozida

Conservation Instructions: Fruta da Época | Maçã ou Pera cozida