



## INGREDIENTS

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Almôndegas (50 %): almôndegas de vaca, congeladas(100 %) (GLUTEN, SOYBEANS), cebola(20 %), polpa de tomate(20 %) (sumo de tomate concentrado, água, sal, antioxidante (E330)), vinho branco(14 %) (SULPHUR DIOXIDE / SULPHITES), azeite (Tempero culinário)(6 %), sal(0 %), queijo ralado (variados) (MILK, GLUTEN, EGGS), louro, folha(0 %). Esparguete cozido(50 %): água (64 %), Esparguete, cru(13 %) (GLUTEN), sal(0 %).

## NUTRICIONAL DECLARATION (por 100g)

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Energy: 602 KJ / 144 Kcal	Lipids: 8.5 g.	of which Saturated: 3.6 g
Carbohydrates: 8.4 g,	of which Sugars: 1.6 g	Fiber: 0.9 g
Proteins: 6.7 g	Salt: 0.51 g	

## ALLERGENS

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Contains: Gluten, Eggs, Soybeans, Milk, Sulphur dioxide / sulphites