



## INGREDIENTS

Grão de bico cozido, em lata(18%) (SULPHUR DIOXIDE / SULPHITES), carne de chispe(18%), cenoura(15%), couve portuguesa(13%), Entrecosto de porco(13%), orelha de porco(13%), massa macarronete(7%) (sêmola de TRIGO duro), chouriço corrente(4%) (GLUTEN, SOYBEANS), morcela fumada(4%) (gordura suína, sangue suíno, farinha de TRIGO, sal, especiarias, emulsionante (difosfatos e trifosfatos), antioxidante (E316), conservante (E251)), azeite, colorau(2%), sal(0%), louro, folha(0%), salsa(0%).



## NUTRITIONAL DECLARATION (por 100g)

Energy: 861 KJ / 206 Kcal	Lipids: 13 g,	of which Saturated: 3.6 g
Carbohydrates: 9.8 g,	of which Sugars: 2.2 g	Fiber: 2.4 g
Proteins: 11 g	Salt: 0.66 g	

## ALLERGENS



Contains: Gluten, Soybeans, Sulphur dioxide / sulphites  
Can contain traces of Eggs, Nuts, Celery, Mustard, Sesame Seeds

## PRODUCT CHARACTERISTICS

Commercial Name: Rancho à Portuguesa

Conservation Instructions: Consumo imediato

Packed by: Sabor e Arte - R. Fernandes Martins Lt 19 loja Tz - 3030-300 Coimbra

Validity: Consumo imediato