

Frango estufado com massa legumes e feijão branco

INGREDIENTS

[Frango inteiro sem pele, cru, Azeite, Cebola, crua, Sal grosso]



NUTRICIONAL DECLARATION (por 100g)

Energy: 1107 KJ / 264 Kcal

Lipids: 19.10 g,

of which Saturated: 3.04 g

Carbohydrates: 0.50 g,

of which Sugars: 0.36 g

Fiber: 0.21 g

Proteins: 22.55 g

Salt: 4.04 g

ALLERGENS

