

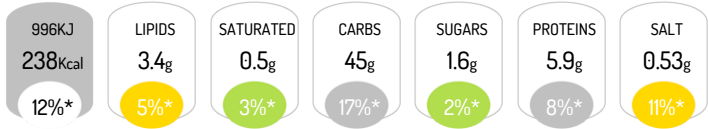
Pão Integral com Nozes

Ingredients

Flour, wheat, type 150(66%) (GLUTEN), water(45%), Yeast, baker's compressed(2%), Olive oil(2%), Salt(1%).

Nutricional Declaration (Per 100g)

Energy: 238 Kcal /996 KJ
Lipids: 3.4 g
Carbohydrates: 45 g
Proteins: 5.9 g
Fiber: 2.4 g
of which Saturated: 0.5 g
of which Sugars: 1.6 g
Salt: 0.53 g



*Reference intake of an average adult (8400 kj / 2000 kcal)

Allergens



Contains: Gluten

Product Characteristics

Commercial Name: Pão Integral com Nozes
Origin Countre: Portugal

PRONTO A CONSUMIR:

Modo de Emprego / Utilização: utilização
Instruções de Conservação:: dsdsd